



**A person  
does not  
grow old  
through work  
- but through  
rusting.**

Aderholt mill is located near Jacksonville, Alabama off highway 21. It is a beautiful three story brick building. (The Aderholt Mill not only grinds corn, it also has a woodworking shop, all powered by the water wheel.) I got up early a couple of weeks ago and visited the site. What you are looking at are some of the old equipment now used only for yard decorations. Once well oiled and polished from constant use, now the deterioration is obvious resulting from years of inactivity and neglect. If I had to describe the present condition of this abandoned piece of equipment in one word, I would say. . . Rust.

Rust is the substance formed when iron compounds corrode in the presence of oxygen and water. The rust has so covered and corrupted this equipment that it is hard to imagine it ever working at all. If this bolt could talk, I wonder what it would say. "I am enjoying the rest" or "I wish I was able to work once again"? You know the answer, don't you? We all want to be useful and fear losing our independence and self-sufficiency.

The surest way to prolong your usefulness, mobility and happiness is to stay active and continue using your gifts and abilities to help others. Abilities are like tax deductions, we use them or we lose them. Find something you enjoy doing; something you are good at; or just something where you see a need... and do it.

Do you see a need in the life of an elderly neighbor? Don't send a gift, but use your gifts, talents and abilities to reach out and touch their life. Keep your eyes open, flex your muscles and meet a need. Surprisingly, it will do you much more good than those in need. It will keep

our hearts warm and our lives rust free. I call it WD-40 for the soul. Try it, what do you have to lose?

**Something to think about:**

- ❖ More men fail through lack of purpose than lack of talent.
- ❖ If you have a talent, use it in every which way possible. Don't hoard it. Don't dole it out like a miser. Spend it lavishly like a millionaire intent on going broke.
- ❖ The real tragedy of life is not in being limited to one talent, but in the failure to use the one talent.
- ❖ Burying one's talent is a grave mistake.
- ❖ Our problem is not inability but inconsistency.

Looking for some WD-40

Rickey Moore